Coverage Period: Beginning on or after 01/01/15

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual or Family | Plan Type: HMO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.healthplus.org/login or by calling 1-800-332-9161.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,500/person; \$3,000/family Does not apply to preventive care, office visits or ER visits.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. \$3,000/ person; \$6,000/ family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, penalties, balance- billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See www.healthplus.org/provider directory or call 1-800-332- 9161 for a list of participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services, but only if you have the plans permission before you see the specialist .
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	10% copay	Not covered	General or Family Practitioners, Internists, and Pediatricians are considered Primary Care Physicians
	Specialist visit	10% copay	Not covered	Out-of-network providers covered only with referral.
	Other practitioner office visit	10% copay for chiropractor with referral	Not covered	Chiropractic care limited to combined 30 visits per benefit year (combined with outpatient physical/occupational therapy).
	Preventive care/screening/immunization	No charge	Not covered	None
	Diagnostic test (x-ray, blood work)	10% copay	Not covered	Out-of-network providers covered only with referral.
If you have a test	Imaging (CT/PET scans, MRIs)	10% copay	Not covered	Prior authorization is required. Out- of-network providers covered only with referral.
If you need drugs to treat your illness or condition	Generic drugs	10% copay	Not covered	 Copays shown are for up to a 30-day supply Up to 90 day supply is available by mail order or retail for 2 copays
	Preferred brand drugs	10% copay	Not covered	
	Non-preferred brand drugs	10% copay	Not covered	

Questions: Call 1-800-332-9161 or visit us at www.healthplus.org.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.healthplus.org/glossary or call 1-800-332-9161 to request a copy.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
More information about prescription drug coverage is available at www.healthplus.org /pharmacycenter	Specialty drugs	10% copay	Not covered	 Some drugs require prior authorization and/or mandatory 90 day supply. Call HealthPlus at 1-800-332-9161 or visit the pharmacy center website for a list of specialty drug pharmacies.
If you have	Facility fee (e.g. ambulatory surgery center)	10% copay	Not covered	Some services require Prior authorization. Out-of-network providers covered with referral.
outpatient surgery	Physician/surgeon fees	10% copay	Not covered	Out-of-network providers covered with referral.
If you need	Emergency room services	10% copay	10% copay	Copay waived if admitted.
immediate medical attention	Emergency medical transportation	10% copay	10% copay	When medically necessary.
	Urgent care	10% copay	10% copay	None
If you have a hospital stay	Facility fee (e.g. hospital room)	10% copay	Not covered	Some services require prior authorization. Out-of-network providers covered with referral.
nospitai stay	Physician/surgeon fee	10% copay	Not covered	Out-of-network providers covered with referral.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	10% copay	Not covered	Limited to medically necessary treatment. Some services require prior authorization. Out-of-network providers covered with referral.
	Mental/Behavioral health inpatient services	10% copay	Not covered	
	Substance use disorder outpatient services	10% copay	Not covered	
	Substance use disorder inpatient services	10% copay	Not covered	providers covered with reterrai.
If you are	Prenatal and postnatal care	10% copay	Not covered	Out-of-network providers covered
pregnant	Delivery and all inpatient services	10% copay	Not covered	with referral.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Home health care	10% copay	Not covered	Some services may require prior authorization. Out-of-network providers covered with referral.
If you need help recovering or have other special health needs	Rehabilitation services	10% copay	Not covered	Outpatient Speech Therapy limited to 30 visits per benefit year. Outpatient Physical, Occupational Therapy and Chiropractic visits have a combined limit of 30 visits per benefit year.
	Habilitation services	10% copay	Not covered	Prior authorization required. Autism coverage limited up to age 19 (date of birth).
	Skilled nursing care	10% copay	Not covered	45 days per benefit year limit. Some services may require prior authorization. Out-of-network providers covered with referral.
	Durable medical equipment	10% copay	Not covered	Prior authorization required for items \$1,500 and over and selected items under \$1,500.
	Hospice service	10% copay	Not covered	Out-of-network providers covered with referral. 45 day limit for inpatient services.
	Eye exam	10% copay	Not covered	
needs dental or	Glasses	10% copay	Not covered	Dental and vision services to age 19.
eye care	Dental check-up	10% copay	Not covered	

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Hearing aids

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs (unless medically necessary and authorized)

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery (if medically necessary)
- Chiropractic care (referral required)
- Dental care (pediatric to age 19)

- Emergency care when traveling outside the U.S.
- Infertility treatment (limited to diagnosis and treatment of underlying medical condition with prior authorization)
- Podiatry services (referral required)
- Routine eye care (pediatric to age 19)

HealthPlus of Michigan: VenturePlus \$1500-90% HSA Gold (11) Coverage Period: Beginning on or after 01/01/15

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending on the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-332-9161. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeal Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: HealthPlus of Michigan at 1-800-332-9161, by mail at 2050 S. Linden Road, P.O. Box 1700, Flint, Michigan, 48501-1700 or by fax at 1-810-733-1947.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **Coverage under this plan qualifies** as minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). The health coverage of this plan does meet the minimum value standard for the benefits the plan provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-332-9161.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-332-9161.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-332-9161.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-332-9161.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care vou receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$5,310
- Patient pays \$2,230

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:	
Deductibles	\$1,500
Copays	\$0
Coinsurance	\$580
Limits or exclusions	\$150
Total	\$2,230

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$3,440
- Patient pays \$1,960

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,500
Copays	\$0
Coinsurance	\$380
Limits or exclusions	\$80
Total	\$1,960

April 2013

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.