

# THE HEALTHPLUS DIFFERENCE

HealthPlus' integrated health management program enables members to take a more active role in managing their health and wellness.



## HEALTHIER U

Our year-round program for members starts with a wellness assessment and includes interactive online wellness programs, access to health coaches, community events, quarterly wellness challenges, member discounts and more!



## CHRONIC CARE PROGRAMS

Care counselors help members suffering from cardiovascular conditions, heart failure, diabetes, asthma or chronic obstructive disease (COPD) and other conditions requiring short-term care management services.

## BEHAVIORAL HEALTH CASE MANAGEMENT

Our Behavioral Health team helps members enrolled in our case management program who are suffering from depression or a substance-use disorder.

## MEMBER DISCOUNTS

Members receive exclusive discounts to Weight Watchers, Anytime Fitness, Moosejaw and more!

## PHARMACY MANAGEMENT

Our personal approach focuses on the integration of a member's medical and pharmacy information to ensure the appropriate and affordable use of medications.



## ADVANCED ILLNESS MANAGEMENT

Essential care coordination and support for members and their loved ones during times of chronic or life-limiting illness.



## PREVENTIVE SERVICES

Immunizations, vaccines, check-ups, screenings, and physicals — all covered benefits essential to good health.

## SOCIAL SERVICES PROGRAMS

Social workers will help members in the medical case management program find community resources and help coordinate their care if they have special needs.

## MEDICAL CASE MANAGEMENT

This program assists members who are seriously ill, have complicated medical needs or have experienced multiple trauma injuries that require a high level of hospital care and services.



For more information about these programs, contact HealthPlus Customer Service at **1-800-332-9161**.