



ONLINE SEMINAR

# Facts About the Flu

Each year questions come up about the flu: Who should get a flu shot? What's the difference between a common cold and the flu? Learn the facts about the flu and what you can do to prevent getting it this flu season.

Participate in this online seminar anytime 24/7. Log in at ***HealthPlus.org/HealthierU***, then click "Monthly Seminars" from the left navigation.

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