

BE A GREEN MACHINE!



Ingredients:

2 green apples, halved

4 stalks celery, leaves removed

1 cucumber

6 leaves kale

1/2 lemon, peeled

1 (1 in.) piece fresh ginger

Just process all of the ingredients in a juicer and drink up!! Store any extra juice in a glass jar in a fridge for up to a day! Shake before drinking!