

HealthPlus

Tobacco Cessation Counseling Fact Sheet

HealthPlus of Michigan now reimburses smoking and tobacco cessation counseling for all Medicaid, Medicare and Commercial members.

These codes are to be used for billing:

- **99406*** - Smoking and tobacco-use cessation counseling visit; intermediate, **greater than 3 minutes up to 10 minutes. *Short Descriptor: Smoke/Tobacco counseling 3-10.***

- **Reimbursement rates for 99406* :**

Medicaid =	\$ 7.32
Medicare =	\$12.81
Commercial =	\$14.12

- **99407*** - Smoking and tobacco-use cessation visit; intensive, **greater than 10 minutes. *Short Descriptor: Smoke/Tobacco counseling greater than 10.***

- **Reimbursement rates for 99407* :**

Medicaid =	\$14.43
Medicare =	\$25.05
Commercial =	\$27.61

The qualified practitioner and the patient have flexibility to choose between intermediate or intensive cessation strategies for each session.

*Use of modifier 25 is required on the E&M code to identify smoking cessation counseling as a separately reimbursable service.

HOW TO COUNSEL:

- **Ask** (1 minute)
Ask patient about his/her smoking status. Smoking status should be documented in the medical record.
- **Advise** (1 minute)
Provide clear, strong advice to quit with personalized messages about the impact of smoking.
- **Assess** (1-2 minutes)
Ask every smoker if he or she is willing to make an attempt to quit at this time. Offer motivational intervention to those not yet ready to quit using the 5 "R's" - Relevance, Risks, Rewards, Roadblocks and Repetition.
- **Assist** (5 minutes +)
Suggest and encourage the use of problem-solving methods and skills for cessation.
 - Refer to the HealthQuest Tobacco Cessation Program.
 - Arrange social support in the smoker's environment.
 - Give key advice on successful quitting techniques.
 - Set a quit date and help patient with the development of a quit plan.
 - Provide self-help smoking cessation materials.
 - Offer referral to more intensified counseling as appropriate, such as telephone counseling.
 - Prescribe pharmacologic therapy as appropriate. (Nicotine replacement therapy and/or bupropion, if there are no contraindications).
- **Arrange** (1 minute +)
Schedule follow up either by office visit or telephone to periodically assess smoking status.
 - Prevent relapse by congratulating successes and reinforcing reasons for quitting.
 - Assess any difficulties with pharmacologic therapy.

Patient Name: _____

Date: _____