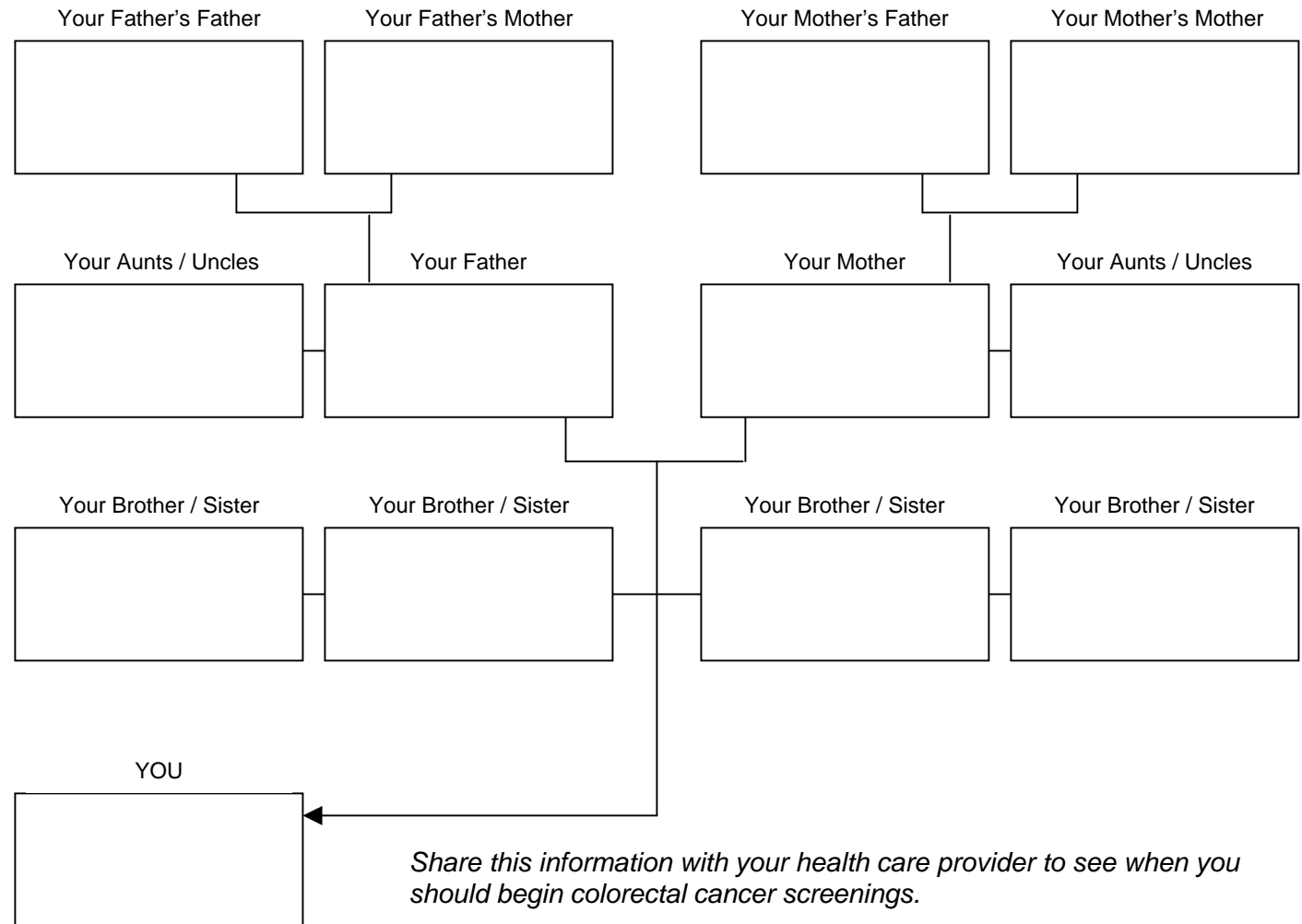


# CREATING YOUR FAMILY MEDICAL HISTORY

## ARE YOU AT RISK FOR COLORECTAL CANCER?

Colorectal cancer can affect anyone – men and women alike – and your risk increases as you age. But some people are at greater risk for the disease:

- People with a personal or family history of benign colorectal polyps
- People with a personal or family history of colorectal cancer
- People with a personal or family history of inflammatory bowel disease – ulcerative colitis or Crohn's
- People with a personal or family history of ovarian, endometrial or breast cancer
- People of African American and Hispanic descent, who are often diagnosed at a later stage of the disease
- Men and women age 50 or older
- Men and women who use tobacco



**Instructions:** You may have a greater risk for colorectal cancer if you have a personal or family history of certain kinds of cancer or of polyps in the colon. To help you determine your risk, complete this family medical history. For each blood relation, mark in the box if they have had any of the following medical problems and their age at diagnosis: **colorectal cancer; inflammatory bowel disease (Crohn's or colitis) or stomach or bowel problems; breast, uterine, or endometrial cancer; or colorectal polyps.**