



Antibiotics fight bacteria, not viruses.

Taking antibiotics for viral infections, like colds and flu, makes bacteria resistant to antibiotics.

Treat colds and flu with rest, liquids and over-the-counter medicines. Wash your hands often, especially after coughing and sneezing.

**Use antibiotics wisely.
Help stop antibiotic resistance.**

www.healthplus.org

HealthPlus 
OF MICHIGAN

The Plus makes all the difference.