

Prior Authorization For PPO Members



PPO members are responsible for obtaining approval from HealthPlus **before** certain services and/or supplies will be authorized for coverage. If they do not obtain prior authorization, they may be responsible for the **entire cost** of the health care services and/or supplies. When possible, members should obtain the prior authorization at least five (5) business days before they receive the service and/or supplies.

Below is a current summary list of the services and supplies where prior authorization is required. This list is not all inclusive and is subject to change at any time. **For a complete list of prior authorized services, please review the HealthPlus Certificate of Coverage, Section 7. Members can also call the telephone numbers on the back of their PPO identification card for prior authorization information.**

1. Imaging, Diagnostic and/or Therapeutic Services

Imaging services include:

- MRI, CAT and PET scans
- Nuclear Studies (such as thyroid scans or bone scans)
- Cardiac Nuclear Studies (such as nuclear stress test)

2. Consultations/Procedures

- Services associated with transplants – evaluation and transplant surgeries
- Robotic Image Guided Linear Accelerator (e.g., CyberKnife, Novalis Tx, Aceso)
- Weight loss (bariatric) surgery

3. Inpatient Care

- Elective (non-emergent) hospital admissions, inpatient skilled nursing, sub-acute, long-term acute and rehabilitation care. Please note: Emergency hospital admissions require authorization. Once the member is stabilized or within 48 hours of the admission, HealthPlus should receive admission notification by the

member, member's family or the hospital system.

- Mental health and substance abuse admissions, including detoxification, inpatient, day treatment (partial hospitalization) and intensive outpatient care
- Skilled nursing facility care
- Inpatient hospice care
- Clinical trials and associated routine medical care

4. Outpatient Services

- Specialty injectable medications
- Psychological testing for Attention Deficit Hyperactivity Disorder (ADAH), Attention Deficit Disorder (ADD), and Oppositional Defiant Disorder (ODD)
- Pulmonary rehabilitation
- Non-emergent ambulance transports

5. Durable Medical Equipment

- All prosthetics and orthotics devices
- CPAP (continuous positive airway pressure) - or BIPAP (bi-level positive airway pressure) machine for sleep apnea.
- Custom-made compression stockings
- Insulin pumps
- Any durable medical equipment (DME) over \$3000



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