

Helping you save on prescriptions.



HealthPlus Ask for 90 Rx program gives you a choice

If you have a prescription drug benefit with your HealthPlus, HealthPlus Options, HealthPlus Senior (Medicare) or HealthPlus PPO coverage, you can save up to one third on your prescription copays!

You choose where to have your prescriptions filled

Our Ask for 90 Rx program allows you to receive a 90-day supply of medication from a participating local pharmacy or by mail with Express Scripts.

Save time and money

Filling a 90-day prescription costs less (copay savings) than filling the same prescription three times in three months. And, you save time by filling prescriptions less often!

How to participate

At your next visit, ask your doctor about switching to 90-day prescriptions for appropriate medications. Most medications, including injectable insulin, glucagon, Epi-Pen and Imitrex are available through this program. Please note: If your doctor is prescribing a medication for the first time, you will need to fill a 30-day prescription first to ensure that the drug and dose are right for you.

Participating pharmacies

Visit our Web site at www.healthplus.org for a list of participating pharmacies and for more information on our Ask for 90 Rx program. For assistance by phone, contact the HealthPlus Customer Service Department at 1-800-332-9161.



We've got the **Plus.**



Ask Your Physician ...
Ask Your Pharmacist ...
Ask for 90 Rx!

Important things to know about *Ask for 90 Rx*

Here are important points to remember regarding *Ask for 90 Rx*.

- All standard HealthPlus programs and restrictions apply (e.g., generics, Step Therapy, Prior Authorization, quantity limits)
- Refill restrictions apply. This means that if you have already been receiving a medication, you have to wait until it is time for a refill before filling the 90-day prescription. The number of refills allowed is determined by the information on the prescription from your doctor and by the parameters of the law for prescriptions.
- Prescriptions cannot be transferred from mail order to a local *Ask for 90 Rx* pharmacy. If you were using Express Scripts and would like to receive your prescription from a local participating pharmacy, you need a new prescription for a 90-day supply.
- For courtesy and convenience, most participating pharmacies prefer that you order refills at least a day or two in advance. Planning ahead may save you a return trip to the pharmacy in the event that they don't have enough doses on hand to dispense a 90-day supply.
- If you are taking Prilosec OTC, your doctor may write for up to 126-day supply due to standard OTC package sizes.
- Contraceptive medications will continue to process for a three-month supply for one copay at all network pharmacies.
- It may not be medically appropriate to fill all prescriptions in a 90-day supply. Your doctor can determine the medications for which this is suitable.

If you have any questions about the *Ask for 90 Rx* program, please contact the HealthPlus Customer Service Department at 1-800-332-9161. HealthPlus PPO members may contact the HealthPlus PPO Customer Service Department at 1-888-212-1512.

Express Scripts

Express Scripts is the HealthPlus mail order pharmacy. Using this special service is quick and easy and medications are mailed to your home.

One important thing to remember when you send a new prescription to Express Scripts is that you should have at least a one-month supply of the medication on hand. Turn-around time for delivery to your home is usually 14 days or less (even faster for refills), starting the day you send your prescriptions in the mail. But if the information on the prescription is not clear or if there is a question about the drug, the dose or the directions, there may be a delay.

If your prescription is refillable, ordering is easy and convenient. You may order refills by mail, or any time day or night at www.express-scripts.com or call 1-877-322-8471.



The Plus makes all the difference.

1-888-212-1512

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